

## **WELCOME!**

ArkLight is a community driven by freedom, love and courage where individuals bring rejuvenating spiritual insight into personal, cultural, civil and economic life.

### THE DOORS OF SPRING ARE OPEN!



# **APRIL EVENTS**



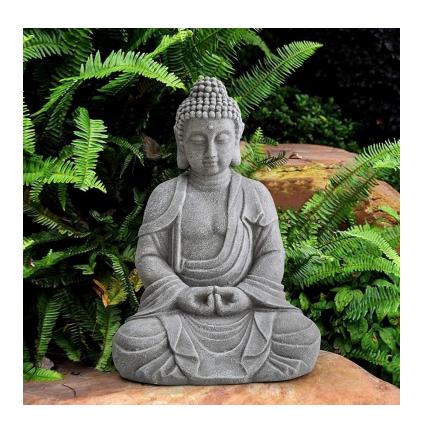
# IGNITE! Mind/ Body Detox w/ Sohini LiveWell

**SATURDAY** 

APRIL 9th 1-4pm - \$35

Walk- in Cash or prepay Venmo @ sohinilivewell

MORE INFO HERE: http://www.sohinilivewell.com



### **HEALTH FAIR DAY**

### SAT / APRIL 16TH 2-6pm

Come experience a variety of healing modalities under one roof - at discounted prices! Relax, Mingle, Enjoy tea and delicious treats in a peaceful healing setting with skilled talented practitioners and healers.

### A DAY OF SELF-CARE!



# VALERIE ANN LARSON discusses her book.

April 21<sup>st</sup> 7-9pm

"Creative Provinces" will help us envision a new world of enchanting and empowered communities – the communities we deserve.



DanceMeditation w/ Anastasia Blaisdell

APRIL 23 10:30 - 12:00 \$25

**REGISTER:** <u>inneropening@gmail.com</u> **MORE INFO HERE** - <u>www.dancemeditation.org</u>

# How You See Determines Who You Are

An Eye-opening program that integrates the art & science of expanding your vision. This approach can help you See more, Feel more, and Be more.

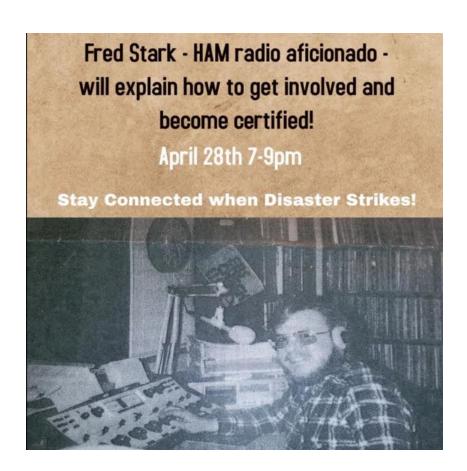
Join us for a talk with Dr. Marc Grossman

April 24th 1pm-3pm includes snacks
Suggested donation \$20



#### **TALK W/ DR.MARC GROSSMAN**

APRIL 24th 1-3:00pm \$20



**TALK w/ FRED STARK** 

APRIL 28TH 7-9:00pm

# POTLUCK N' YOGA THURSDAY





### YOGA w/ MARY 5-6PM

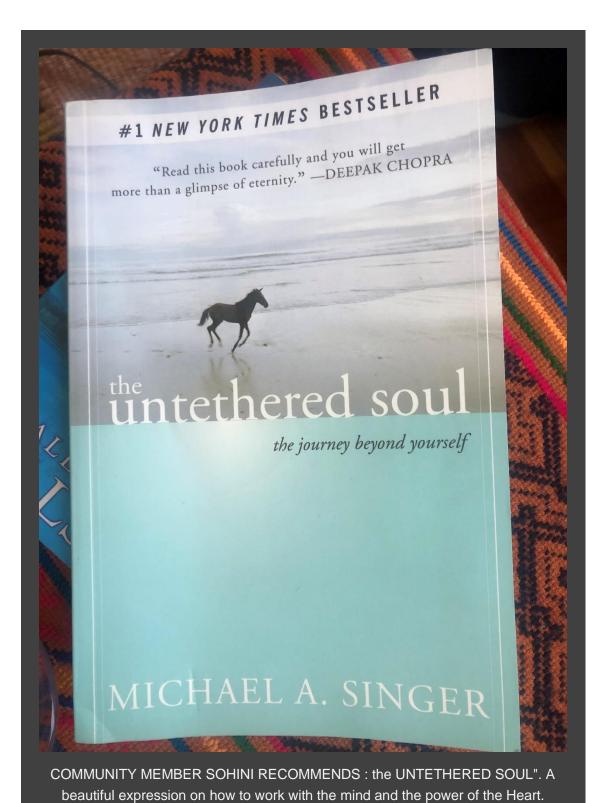
### POTLUCK 6:15PM

JOIN US IN COMMUNITY EVERY WEEK!

COME PRACTICE, BRING YOUR FAV DISH & LET'S EAT, GATHER. LAUGH AND SHARE THE BLESSINGS OF TOGETHERNESS!



### **BOOK OF THE MONTH**



# COMMUNITY CLASSIFIED

#### **Housing Request!**

I am looking for a rental- house, apartment, or room and would appreciate any help or leads. My landlord is evicting me May 1 because I refuse to submit to medical mandates.

Please contact me at: <u>DattaHaynes@gmail.com</u>

#### CHRISTIAN COMMUNITY CENTER

#### Donating To displaced people from Ukraine

Donations to support refugees and humanitarian aid in connection with the war can please be transferred to the account of the Christian Community of the West German Region with an appropriate reference in the purpose of use:

#### Account holder: Die Christengemeinschaft

IBAN: DE96 3702 0500 0008 2597 00; BLZ/BIC: 37020500 / BFSWDE33XXX

Or:

Account holder: The Christian Community in Germany (Foundation)
IBAN: DE16 8502 0500 0003 6204 00: BLZ/BIC: 8502 0500 /BFSW DE33
DRE

https://www.globalgiving.org/projects/ukraine-crisis-relief-fund/

For more information from our affiliates in Europe: Click Here





PLEASE REACH OUT TO **NEWSLETTER@ARKLIGHT.EARTH** FOR POSTINGS OR INQUIRES!